#### Food:

#### Best for Team Dinners

- **Great Full Gardens** This popular restaurant in downtown Reno is known for its healthy and delicious food, with options for every dietary preference. They have a spacious dining area that can accommodate large groups, and their menu includes salads, sandwiches, wraps, and more.
- **BJ's Restaurant & Brewhouse** With a location in Sparks, BJ's Restaurant & Brewhouse is a popular choice for team dinners. They have a large menu with something for everyone, from salads and sandwiches to burgers and pizzas. They also have a full bar with a wide selection of beers and cocktails, and their spacious dining area can accommodate large groups.
- **Silver Peak Restaurant & Brewery** With locations in both Reno and Sparks, Silver Peak is a great choice for team dinners. They have a wide selection of craft beers brewed on-site, as well as a menu of American comfort food favorites like burgers, sandwiches, and salads.
- **Campo Reno** Campo is a great choice for team dinners, with a focus on seasonal, locally-sourced ingredients and a warm and inviting atmosphere.
- La Strada at the Eldorado Resort Casino This elegant Italian restaurant in downtown Reno is perfect for team dinners that call for a more upscale atmosphere. Their menu features classic Italian dishes like pasta, risotto, and seafood, and their wine list is extensive.

# Pre-game Fuel

- **Port of Subs** With multiple locations in the Reno-Sparks area, this locally-founded favorite is a convenient option for pre-game fuel. Their menu includes sandwiches, salads, and sides, and they offer both dine-in and takeout options.
- **Bully's Sports Bar & Grill** With several locations in the Reno-Sparks area, Bully's is a popular choice for pre-game fuel. They have a large menu of American favorites like burgers, sandwiches, and wings, as well as a full bar and plenty of TVs to catch the game.
- **In-N-Out Burger** This beloved fast food chain has a location in Sparks, just a short drive from downtown Reno. Their menu is simple but delicious, with burgers, fries, and shakes that are perfect for fueling up before a game.
- Peg's Glorified Ham n Eggs This popular breakfast spot in Reno is a great choice for early-morning games. Their menu features hearty breakfast dishes like omelets, pancakes, and biscuits and gravy, as well as lighter options like fruit and yogurt.
- **Rounds Bakery** This bakery and cafe in Reno offers a variety of breakfast and lunch items, including bagels, sandwiches, and salads. They also have a selection of baked goods like pastries and cookies, which are perfect for a quick snack before the game.

### Parents' Night Out

- Craft Wine and Beer This cozy wine and beer bar in Reno offers a great selection
  of local and regional craft beers and wines, as well as a menu of small plates and
  snacks. They also have a great outdoor patio, perfect for enjoying a warm
  evening.
- **The Twisted Fork** This upscale restaurant in Reno offers a menu of modern American cuisine, including seafood, steaks, and pasta. Their atmosphere is sophisticated and elegant, making it a great choice for a romantic night out.
- **The Brew Brothers** Located in the Eldorado Resort Casino in downtown Reno, The Brew Brothers offers a lively atmosphere and a great selection of craft beers. They also have a menu of pub favorites like burgers, wings, and sandwiches.
- **Great Basin Brewing Company** With locations in both Reno and Sparks, Great Basin Brewing Company offers a great selection of craft beers and a menu of pub favorites like burgers, sandwiches, and salads. They also have a casual, welcoming atmosphere that's perfect for a night out with friends.
- **The Eddy** This trendy cocktail bar in downtown Reno offers a stylish atmosphere and a great selection of drinks. They also have a small menu of snacks and shareable plates, making it a great spot for a night out with friends.

## Local Flare/What the city is known for

- Louis' Basque Corner This traditional Basque restaurant in downtown Reno serves up hearty family-style meals that are perfect for sharing. They are known for their signature dishes like oxtail stew and chorizo sausage, as well as their communal dining experience.
- **Coney Island Bar** A classic dive bar located where Reno and Sparks meet. The Coney Island Bar has been referred to as "the closest thing to a landmark" Sparks has, as it's the oldest continuously-operated restaurant in the city.
- **Bertha Miranda's Mexican Restaurant** This family-owned Mexican restaurant in downtown Reno has been a local favorite for over 30 years. They are known for their authentic Mexican cuisine, colorful decor, and lively atmosphere.
- **The Gold 'N Silver Inn** This classic diner in downtown Reno has been serving up breakfast, lunch, and dinner to locals and tourists alike since 1956. They are known for their huge portions, classic comfort food, and their retro neon sign.
- Casale's Halfway Club Established in 1937, Lasagna made from scratch and meatballs rolled by hand are the law of the land here. These traditions and recipes have been passed down through four generations and counting.

## Late Night Snacks/Sweet Treats

- **Homage Bakery** This bakery in Reno offers a variety of desserts, including cakes, pies, cookies, and pastries. They also offer gluten-free and vegan options.
- **Black Rock Dessert** This Downtown Reno dessert shop offers an odd-ball assortment of ice cream flavors, along with Instagram-worthy confections for the whole family.

- **Dorinda's Chocolates** This chocolate shop in Reno offers a variety of handmade chocolates, truffles, and fudge, as well as coffee, tea, and hot chocolate. They also have a location in Truckee, CA.
- **Sierra Nevada Chocolate Company** This chocolate shop in Sparks offers handmade chocolates and truffles, as well as ice cream and gelato. They also offer chocolate-making classes and workshops.
- **Perenn Bakery** This bakery in Reno offers a variety of desserts, including cakes, cupcakes, cookies, and pastries. They also offer coffee and tea, as well as gluten-free and vegan options.

#### To-Do:

## For the younger siblings

- **Fun Quest** This family entertainment center in Reno offers a variety of attractions, including arcade games, laser tag, and a roller skating rink. They also have a soft play area for young children.
- **Wild Island Family Adventure Park** This amusement park in Sparks offers a variety of attractions, including water slides, a wave pool, miniature golf, and a go-kart track.
- **Victorian Square** This historic district in Sparks offers a variety of family-friendly attractions, including a vintage carousel, a train ride, and a farmers' market.
- **Idlewild Park** This park in Reno offers a variety of outdoor activities for kids, including playgrounds, a duck pond, and a swimming pool. They also have a mini-train ride and a mini-golf course.
- **Scheels Sporting Goods** This sporting goods store in Sparks offers a variety of family-friendly activities, including a ferris wheel, an aquarium, and a shooting gallery. They also have a sports simulator and a bowling alley.

### Indoor Fun

- **Escape Rooms** Reno and Sparks have several escape room facilities where families can solve puzzles and clues to try to escape themed rooms, such as a bank heist or a haunted house.
- National Automobile Museum Located in Reno, this museum features a
  collection of over 200 vintage cars and vehicles from different eras, along with
  interactive exhibits and hands-on activities.
- **Grand Sierra Resort Fun Center** This indoor entertainment center in Reno has a variety of activities for families, including bowling, laser tag, arcade games, and a virtual reality experience.
- **Wildcreek Golf Course** This indoor golf facility in Sparks offers families the chance to play mini-golf, hit golf balls in the driving range, or try their hand at a virtual golf simulator.
- **Roller Kingdom** Located in Reno, this indoor roller skating rink is a great option for families looking for a fun activity. They also have arcade games and laser tag.

## FREE for the Family

- **Idlewild Park** This park in Reno offers free admission and has a variety of outdoor activities for families, including playgrounds, a duck pond, and a swimming pool. They also have a mini-train ride and a mini-golf course.
- **Sparks Marina Park** This park in Sparks features a large lake where families can fish, swim, or rent kayaks and paddleboards. There are also picnic areas, a playground, and walking trails.
- **Truckee River Walk** This scenic walkway along the Truckee River in Reno is free to explore and offers beautiful views of the city and the river. Families can walk or bike along the trail, stop at the parks and playgrounds along the way, and enjoy the public art installations.
- **Lake Tahoe** While it's not technically in Reno or Sparks, Lake Tahoe is a short drive away and offers free outdoor activities for families, such as hiking, swimming, and picnicking. There are also free concerts and events throughout the summer.
- Free events and festivals Reno and Sparks host a variety of free events and
  festivals throughout the year, such as Hot August Nights, Artown, and the
  Nugget Rib Cook-Off. Families can enjoy live music, food vendors, and other free
  activities.

### R&R

- The Spa at Silver Legacy This spa in Reno offers a variety of services for adults, but also has a Family Fun Package that includes a 50-minute massage or facial for adults, a mini-manicure and pedicure for kids, and access to the spa's amenities, such as the hot tub and sauna.
- **Steamboat Hot Springs** Located in Reno, this natural hot springs spa offers private tubs and mineral baths for families to relax and unwind.
- **Grand Sierra Resort Pool** The pool at the Grand Sierra Resort in Reno is the largest in the area and features a sandy beach, a lazy river, and cabanas for rent. Families can spend a day lounging by the pool and enjoying the sunshine.
- **Sparks Marina Park Beach** The beach at Sparks Marina Park is a great spot for families to relax and enjoy the sunshine. There are picnic areas and grills available, as well as a playground and walking trails. Families can swim or rent kayaks and paddleboards to explore the lake.